



AMSTERDAM 2013

raising funds for
The Who Cares? Trust

**Invitation to join
Thursday 20th June to Monday 24th June 2013**

Biking for Children in Care is at it again. We have been planning since just after the AGM in November last year. We are booking Eurostar tickets to Brussels and we'll go on by coach to somewhere in Holland where we will start. We are organising the accommodation this month and that's always tricky. The planning team have been hard at work and we have a fair idea of the plan, the detail will follow. There are, as usual, **50 biking places** and it's quite likely this ride will be very popular, so if you want to reserve a place you should complete the attached application form and send us your deposit. We will be riding along Dutch cycle paths, waterways and some roads. It will be mostly flat! We are reserving accommodation for 50 bike riders and the support team. **The first 50 people to send forms and deposits (£90 per person) will secure a place on the ride in Holland in June 2013.** If we get too many applicants we will set up a waiting list. Once we have your application form and deposit we will send you an email acknowledgement and will let you have, by email 1) more information about the Who Cares? Trust; 2) sponsorship forms 3) more details of the ride and 4) some dates for optional training rides.

The Plan (subject to change!)

We will travel to Holland via Brussels. The cyclists will go by Eurostar from St Pancras on **Thursday 20th June 2013 leaving around 8.30 am.** We have a coach booked from Brussels to somewhere south of Utrecht where we will meet the truck, carrying the bikes, and the support team and other vehicles. The support team will drive the vehicles and transport the bikes to meet us. We will ride to the first overnight stop in Utrecht. The route will go from Utrecht to Arnhem (second overnight stop) then through the National Forest to Harderwijk (third stop). We will finish on the Sunday with the ride from Harderwick into Amsterdam. We plan to have some time in Amsterdam and get a train back to Brussels on the Monday and return on Eurostar on Monday evening getting into St Pancras at about 7.30 pm. You should get some time in Amsterdam on the Monday.

Your initial deposit is **£90 (payable to Biking for Children in Care)** to secure your place. You can send your £90 deposit electronically (**Royal Bank of Scotland**, Sort Code **16-10-27**, account No. **10075740** or by cheque (payable to **Biking for Children in Care**). We expect the total cost (which will cover travel to and from the ride; four nights accommodation, breakfasts, lunches and one or maybe two evening meals) will be about **£390** (the balance due in May). Our support team tell me (incredibly) that they are prepared yet again to donate their time and energy to making everything go smoothly.

You are asked to collect sponsorship for the ride, to raise funds for The Who Cares?

Trust. **The target for each rider is £600.** If your employer operates a matched fund raising scheme we can ensure that the Who Cares? Trust provides any necessary paper work. The Who Cares? Trust is a registered charity and all the money we raise from this ride will go to the Trust to help improve the lives of children and young people in public care. We raise additional funds through sponsors agreeing to gift aid being claimed.

Check out www.thewhocarestrust.org.uk and www.bikingforchildrenincare.co.uk for information on the charity and pictures from previous rides.

We are an amateur organisation, and we donate our time and effort to making the ride happen. We aim to make more people aware of the challenges faced by children in care and to raise funds for **The Who Cares? Trust**. The support team make the whole trip considerably more comfortable for the cyclists. We don't offer any guarantees but we do our best to make the experience fun and the biking challenging but not too hard!!!

Personal Safety and Insurance:

You will be responsible for yourself and your bike. You will need insurance. We strongly recommend you wear a helmet.

Likely Route:

Thursday 20th June Somewhere south of Utrecht to Utrecht

Friday 21st June: Utrecht to Arnhem

Saturday 22nd June: Arnhem to Hardewijk

Sunday 24th June: Harderwijk to Amsterdam

Monday 25th June: Travel back to London via Brussels

Accommodation:

To be confirmed but we plan accommodation in twin-bedded rooms in economic but comfortable hotels.

Food:

Breakfast and lunch (en route) will be provided. We will provide suggestions for venues for evening meals.

Luggage:

The truck will take the bikes to the start point south of Utrecht and vehicles will carry luggage on the trip. We will also have support vehicles in case of difficulties.

Registration and Sponsorship:

To register complete your application form and send by email or post to **Gill Timmis, 2 Amyand Park Gdns, Twickenham, TW1 3HS**. Please pay the deposit of **£90** (payable to 'Biking for Children in Care') electronically or by cheque. This deposit is non-refundable.* You will be asked for a further **£300 in May**. **Your fundraising target is £600.**

Thanks for your interest, we look forward to biking with you!

Any queries contact Gill Timmis, 0208 891 3451, gill_timmis@talk21.com

The planning group is Aileen Hampson, Chris Diamond, Eduardo Ceppi-di Lecco, John Tindale, Anne Marshall, Andy Lynn, John Griffiths, Peggy Griffiths, Simon Leslie, David Parkinson, John l'Anson and Gill Timmis

* Non refundable unless no place available or the event is cancelled by Biking for Children in Care

APPLICATION FORM



AMSTERDAM 2013

20th - 24th June 2013

In aid of

The Who Cares? Trust

To take part in the Biking for Children in Care ride for 2013, please complete this form and send it and your deposit by email or post to Biking for Children in Care. You can send your £90 deposit electronically (**Royal Bank of Scotland**, Sort Code **16-10-27**, account No. **10075740** and put **your name** in the reference field so we know who has paid) or by cheque (payable to **Biking for Children in Care**). Please email Aileen (aileenhampson@blueyonder.co.uk) when you transfer funds. We will reserve you a place (restricted to first 50 applicants) and send you further details and information by email.

Send your application forms by email (gill_timmis@talk21.com) or post to Gill Timmis **Biking for Children in Care, C/o Gill Timmis, 2 Amyand Park Gdns, Twickenham, TW1 3HS.**

Name:
Address:
Email:
Telephone:

I am sending deposit electronically /enclose a cheque for £90 *, payable to Biking for Children in Care, as a non-refundable deposit* * to secure my place on the Double Dutch 2013 ride.

I understand the total cost will be approximately £390 and I will be asked in May 2013 to pay the £300 balance to cover travel, accommodation and food costs.

I understand that the aim of the bike ride is to raise funds through sponsorship for **The Who Cares? Trust**, a Registered Charity (No 2700693). I will ask sponsors to agree to gift aid where appropriate

I understand the target for sponsorship is £600

The Who Cares? Trust works to improve the prospects and life chances for children and young people living in public care.

Signed:

Date:

* Delete where necessary

**The deposit for June 2013 ride is non refundable unless no place available or the event is cancelled by Biking for Children in care

PS I will/ will not be taking part in the first BfCiC ride of the season on Saturday 9th March in aid of vulnerable children in Bulgaria and Namibia and will/ will not make a donation of £50 to support that venture in March (details sent separately)