



**TWICKENHAM YACHT
CLUB**
Founded 1897

STANDARD SAILING INSTRUCTIONS

These Sailing Instructions are effective from
1st January 2009
and supersede all previous Sailing Instructions issued

TWICKENHAM YACHT CLUB SAILING INSTRUCTIONS

1.0 RULES

Racing will take place under The Racing Rules of Sailing 2009-2012 (RRS), the prescriptions of the RYA, these Sailing Instructions, and the appropriate class rules, except for the following :

RRS 29.2 - General Recall. (See sailing instruction 7.5)

RRS 31 - Touching a Mark. (See sailing instruction 12.1)

2.0 CONDITIONS OF ENTRY

2.1 General

The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner/competitor racing the boat who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the race. Neither the establishment of these Sailing Instructions nor the inspection of the boat under these conditions in any way limits or reduces the absolute responsibility of the owner/competitor for his or her crew and boat and the management thereof. The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/competitor, his/her skipper or crew as a result of their taking part in the race or races. Moreover, every owner/competitor warrants the suitability of his/her boat for the race or races.

2.2 Insurance

All boats are required to have a valid and current Certificate of Insurance with a minimum of £1,000,000 third-party indemnity.

2.3 Measurement or Rating Certificates

Before a boat is eligible to race, her valid measurement or rating certificate shall be presented at the race office. If a yacht is unable to present her valid measurement or rating certificate then rule RRS 78.2 may be implemented at the discretion of the race committee. Yachts may be measured before or after any race at the discretion of the race committee.

2.4 Distinguishing Numbers

Under exceptional circumstances, and provided that the class rules allow, the race committee may permit a boat to use sails carrying a distinguishing number other than that required by rule RRS 77.

2.5 Eligibility

Competitors shall comply with the appropriate class rules. To be eligible to enter an event competitors shall:

- for club events, be paid up members of Twickenham Yacht Club or temporary members.
- for open events, have completed and had accepted an entry form and paid the required fee.

3.0 SAFETY

3.1 Personal Buoyancy (Personal floatation device)

Adequate personal buoyancy must be worn:

- by all crew members whilst competing in the winter series.
- by all persons under 16 years whilst afloat at any time.
- by all crew members when International Code Flag "Y" is flown.

Under all other circumstances it is the personal responsibility of crew members to decide whether to wear a personal flotation device. Neither a wet suit nor a dry suit constitutes adequate personal buoyancy.

3.2 Rescue

The priority of the support boat is the safety of competitors and the Club cannot accept responsibility for damage to boats or equipment.

3.3 Abandoned Race

The race may be abandoned at any stage by either the Race Officer or the Support Boat Operator if in either of their opinions, conditions warrant cessation of racing. International Code Flag "N" will be flown.

4.0 COMMUNICATIONS WITH COMPETITORS

4.1 Class Signals

Class	International Code Flag
Enterprise	E
Solo	Numeral Pennant No. 1
National 12	T
Junior Handicap	J
Handicap	H

4.2 Notices to Competitors

Notices to competitors will be posted inside the Clubhouse or outside the Starter's Box.

4.3 Changes in Sailing Instructions

Any changes in Sailing Instructions will be posted at least 30 minutes before the advertised starting time of the race or races concerned. Changes in the sailing instructions will be indicated by flying International Code Flag "L". Flag "L" will not be lowered until after the start of the last race to which the changes apply.

5.0 SIGNALS MADE ASHORE

Signals made ashore will be hoisted on the flagpole located above/adjacent to the Starter's Box in use.

6.0 COURSE INSTRUCTIONS

6.1 Course

The course to be sailed (indicated by a letter) and the number of laps, shall be displayed for each race on the Starter's Box at the warning signal.

Unless otherwise stated the direction of rounding the marks is as follows:

A	STARBOARD
B	STARBOARD
D	PORT

If appropriate a diagram of the course will be displayed on a board either in the clubhouse or outside the Starter's Box.

6.2 Changes in position of marks during a race

6.2.1 Course marks may be moved during a race when, in the opinion of the Race Officer, this will improve the quality of the course. In this event marks shall only be moved under one of the following conditions:

- no boat in a particular race has rounded the mark.

- if any boat in a particular race has rounded the mark all boats in the same race must have completed their rounding of the mark on the same lap before the mark is moved.

6.2.2 A change in a particular course will be signalled near the mark beginning the leg being changed by a race committee boat that will display International Code Flag "C" accompanied by a sound signal. The change will be signalled before the leading yacht has begun the new leg.

7.0 STARTING

7.1 Starting Times

Starting times will be published in the Sailing Programme, Open Meeting Notice or Regatta Notice. Any amendments will be displayed on a notice board in the Clubhouse.

7.2 Signals

The Twickenham Yacht Club Burgee will be flown from the starter's box in use (see 7.3.1 and 7.3.2).

If a committee boat start is to be used then a notice to competitors will be posted on the starting box in the lower dinghy park.

7.3 Starting Lines

7.3.1 The Starter's Box in the lower dinghy park - the line is indicated by the alignment of one white spar mounted on the riverside of the Starter's Box and a second white spar mounted on the Surrey bank.

7.3.2 Alternative Starting Line at Orleans Park steps - the line is defined as the line between a mast bearing the Twickenham Yacht Club Burgee mounted on the Middlesex bank and an outer distance mark.

7.3.3 Committee Boat - the starting line is defined as the line between a mast bearing the Twickenham Yacht Club Burgee on the committee boat, and an outer distance mark.

7.4 Starting Procedure

The starting procedure will be in accordance with rule RRS 26.

In club racing and regattas classes are started at five minute intervals.

7.5 General Recall

In the event of a general recall during a series of consecutive starts the recalled class or classes will be restarted at the end of the start sequence. The warning signal for the first recalled class will be displayed at the starting signal for the last scheduled start. When more than one class is recalled the restarts will be in the same order as the original sequence and at the same five minute intervals.

8.0 FINISHING

8.1 Finishing Lines

The finishing line is the same as the start line unless special instructions have been issued to competitors.

8.2 Direction of Finishing

Finishing yachts, shall sail across the finishing line in an upstream direction unless a downstream finish is indicated

by International Code Flag "D", indicating that yachts shall sail across the finishing line in a downstream direction. Competitors attention will be drawn to the flag by one long sound signal.

The downstream finish signal will be made when the leading boat has rounded what was the last mark of the course or, if this is not in sight of the Box, when the leading boat comes in sight of the Box.

8.3 Shortened Course

International Code Flag "S", flown together with the class flag, will indicate a shortened course. Competitors attention will be drawn to the flag by two short sound signals.

The shortened course signal will be made when the leading boat has rounded what has become the last mark of the course or, if this is not in sight of the Box, when the leading boat comes in sight of the Box.

8.4 Order of Finishing and Lapping Rule

Once the leading boat has finished all other boats in the same class race will finish when they next cross the finishing line in the same direction as the leading boat. Lapped boats will be awarded finishing positions following those boats who have completed the same number of laps as the leading boat.

In handicap races finishing times will be recorded for all boats and an average lap time will be calculated for each boat. Places will be awarded according to average lap times.

9.0 TIME LIMITS

Unless special instructions are issued, the time limit will be:

- 2 hours for all classes (when only one race is sailed in a day).
- 90 minutes for all classes (when more than one race is sailed in a day), and all Wednesday evening and winter races.

Boats failing to finish after the time limit will be scored 'Did not finish'.

At the discretion of the race officer, boats failing to finish within 30 minutes of the first yacht may also be scored "Did not finish".

10.0 PROTESTS

Protests shall be submitted on an RYA protest form obtainable from the Race Officer. The following conditions will also apply :

- protests must be lodged with the Race Officer within 30 minutes after the last boat finishes, or 30 minutes after the end of the time limit, whichever is sooner
- no deposit is required
- the protest must comply with the provisions of rule RRS 61
- protests, where possible, will be heard on the same day. The time and place of the hearing will be advised by the Race Officer.

11.0 SCORING SYSTEM

The low point scoring system RRS Appendix A4.1 will apply.

For Club series the number of races to count is approximately two thirds of those completed. However, the Sailing

Committee may reduce this number if circumstances warrant.

12.0 ALTERNATIVE PENALTIES

12.1 Touching a Mark

Rule RRS 31 shall not apply. The following shall apply instead:

- a) When a boat infringes rule RRS 31 she may exonerate herself by completing the rounding of the mark leaving it on the required side, and thereafter re-rounding it or re-passing it without touching it. This shall be as required to sail the course in accordance with rule RRS 28 and the Sailing Instructions.
- b) When a boat touches:
 - i) a starting mark (after the preparatory signal) she shall carry out the re-rounding after she has started
 - ii) a finishing mark (when finishing but before the boat, spars and equipment have cleared the finishing line) she shall carry out the re-rounding and cross the finishing line in accordance with the definition of finishing.

12.2 Alternative Penalties

Alternative penalties as per rules RRS 44.1 & 44.2 "Two Turns Penalty" will apply for infringements of a rule of Part 2 of the RRS (When Boats Meet).

13.0 LOCAL VARIATIONS

13.1 Keeping clear before the start

Boats not manoeuvring for their start shall keep clear of boats that are racing. After a warning by the Race Officer a boat that continues to fail to keep clear may be disqualified without protest from its subsequent race.

14.0 VISITORS

All competitors, if not already members of Twickenham Yacht Club, shall be deemed to be temporary members of Twickenham Yacht Club during the period of the Open Meeting, and as such, shall abide by all Club Rules. Their attention is drawn to Club Rule 9 "Limitation of Club's Liability" which states:

Members of the Club their guests and visitors may use the Club premises and any other facilities of the Club entirely at their own risk and impliedly accept that:

- i) The Club will not accept any liability for any damage to or loss of property belonging to members their guests or visitors to the Club.
- ii) The Club will not accept any liability for personal injury arising out of the use of the Club premises and any other facilities of the Club, or out of participation in any race organised by the Club, whether sustained by members, their guests or visitors, or caused by the said members, their guests or visitors, whether or not such damage, or injury, could have been attributed to or occasioned by the neglect, default or negligence of any of the Club officers, committee, or servants of the Club.
- iii) Before inviting any guests, or visitors, onto the premises, or to participate in events organised by the Club, members will draw their attention to this rule.

Revised March 2009